

WRAP

6 SERVINGS

INGREDIENTS

AMOUNT

Protein	1 lb
Salt	¼ tsp
Pepper	¼ tsp
Oil	1 tsp
Vegetable 1	1/4 lb
Vegetable 2	1/4 lb
Vegetable 3	1/4 lb
Cheese	2 oz
Dressing Base	1 oz
Wrap	6 each

INSTRUCTIONS

1. Prepare dressing, per **Seasonal Dressing Base** Template.
2. Cook meat if necessary.
3. Assemble wrap.