

ENTREE

10 SERVINGS

INGREDIENTS

AMOUNT

Entree	
Protein	2 1/2 lb
Salt	¼ tsp
Pepper	¼ tsp
Fat	½ cup
Flavor 1	2 tbsp
Flavor 2	2 tbsp
Vegetable	
Vegetable	2 ½ lbs
Seasoning 1	½ tbsp
Seasoning 2	½ tbsp
Fat	½ tbsp
Garnish	1 ½ oz
Starch	
Starch	2 ½ lb
Seasoning 1	¼ tbsp
Seasoning 2	¼ tbsp
Fat	½ tbsp
Garnish	1 ½ oz
Sauce Base	

INSTRUCTIONS

1. Marinate protein with salt and pepper.