

# BEEF & NOODLES

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## SERVINGS

4

## INGREDIENTS

14 oz. button mushrooms, sliced	1 tbsp dried parsley
1 red onion, minced	1/8 t. salt
1 lb. ground beef	1/8 black pepper
1 c. beef bouillon	3 oz. egg noodles
¼ c. tomato paste	1 t. Dijon mustard, (optional)
1 tbsp dried thyme	1 T. capers

## INSTRUCTIONS

1. Heat a large skillet. Add mushrooms, shallots and ground beef. Sauté until meat is browned.
2. Add beef broth. Bring to a boil. Add tomato paste, herbs, salt and pepper. Add Pasta. Reduce heat and simmer until noodles are cooked. Add mustard if desired. Garnish with capers.