

# FEEDING THE APPETITE FOR ACCESSIBILITY WITH MINDFUL MEALS

## MINDFUL MEALS



**OPENING** 

**DOORS TO** 

DIGNITY



### **Putting Convenience Back on the Menu**

Many individuals in our community face significant challenges in accessing the food they need. Pantries with varying hours of operation, social stigma, transportation barriers, and limited choices in which food they need prevent many of our friends and neighbors from receiving the support and proper nutrition they deserve. Through partnerships with local organizations, the Mindful Meals program provides additional food pickup options at locations that many of our neighbors in need are already visiting in their daily lives.

### **Serving up Choice and Compassion**

By utilizing the online ordering platform OrderAhead, recipients are given 100% choice in selecting items that will make well-balanced, nutritious meals. The days of predetermined, prepackaged food boxes are over. The new daily special is Choice.

### **Opening Doors to Dignity**

By utilizing OrderAhead, our friends and neighbors can place their orders from anywhere they are comfortable. No more waiting in line for a predetermined handout in public. Food is packed and made available for pickup at partnering locations in a discreet manner.

#### **Unlocking Solutions to Food Access**

Mindful Meals is designed to work seamlessly with smart locker technology to create optional food access sites in any community. These modular lockers can be placed anywhere, and provide secure, private food pickups at any time.

#### Take a Seat at the Table

Your support of Mindful Meals reduces obstacles to healthy, nutritious food in areas that have little to no accessible local food options while forging partnerships between the hunger relief system and trusted local organizations. You are not just providing meals; you are offering hope to those facing the harsh realities of food insecurity. You are creating communities where no child goes to bed hungry, no parent must choose between paying for food or bills, and where everyone has a safe place to turn in their most vulnerable moments.

We cannot wait to help YOU make the biggest impact possible. Together, we are solving hunger!



